Kendi’s Trader Joes Shopping List

Produce:

* Organic rainbow carrots
* Broccoli
* Crimini Mushrooms
* Yellow onion
* Red onion
* Organic Broccoli slaw
* Organic shredded green and red cabbage
* Snow peas
* Organic baby spinach
* Riced cauliflower
* Fuji apples
* Pears
* Lemon
* Strawberries
* Black berries
* Bananas
* Bag of sweet potatoes
* Whole garlic
* Green goddess salad dressing
* Original hummus

Meats/Dairy:

* Chicken tenders
* Ground turkey
* Eggs
* Lactose free 2% milk
* Whole fat Greek yogurt

Snacks/packaged good:

* Milk chocolate pretzels
* 3 seed beet crackers
* Sour cream and onion corn puffs
* Organic popcorn with extra virgin olive oil
* Inner peas
* Dried Mango
* Peanut butter filled pretzels
* Puffins
* Coconut milk

Freezer:

* Mushroom Ravioli
* Orange Chicken
* Mushroom flatbread
* Penne Arabiatta
* Chicken Drummellas
* T.J.’s Fish nuggets
* T.J.’s Spinach and Artichoke dip
* Cubed Mangos
* Acai puree packets (unsweetened)
* Chopped spinach

Misc.:

* Coffee
* Wine
* Kombucha (Gingerade)