

# DAILY SCHEDULE



Before 7:30	Quiet time playing in room
7:30- 8	Workout/breakfast
8-9	Tidy up and get ready
9-10	Learn lesson for the day
10-10:30	Snack time
10:30-11:30	Craft/activity
11:30-12	Math pages
12-1:30	Lunch/outside time
1:30-2	Silent reading
2-4	Free play
4:30-5	TV/switch time
5-6:30	Tidy up/make dinner/eat
6:30-8	Family time/relax